# WHAT IS THE ROLE OF AND ELEMENTARY SCHOOL COUNSELOR?

#### **EDUCATION, PREVENTION & INTERVENTION**

AT THESE YOUNG STAGES CHILDREN ARE DEVELOPING LIFE-LONG SKILLS IN DECISION-MAKING, COMMUNICATION AND SELF CONCEPT.

OUR ROLE IS TO PROVIDE CHILDREN WITH TOOLS AND REMOVE BARRIERS IN ORDER TO BUILD A SOUD FOUNDATION FOR SUCCESS.

## WHAT DO WE DO AT UNION EAST?

- CLASSROOM LESSONS
- **❖** SMALL GROUP COUNSELING
- ❖ PARENT CONSULTATIONS
- **❖** CONFLICT RESOLUTION
- **❖** COMMUNITY RESOURCE REFERRALS
- **SEHAVIOR PLANS**

### WHAT DO WE TEACH?

## SOCIAL-EMOTIONAL LEARNING WITH PATHS (PROMOTING ALTERNATIVE THINKING STRATEGIES)

HANDLING EMOTIONS

BEHAVING RESPONSIBLY

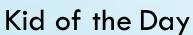
MAKING GOOD DECISIONS

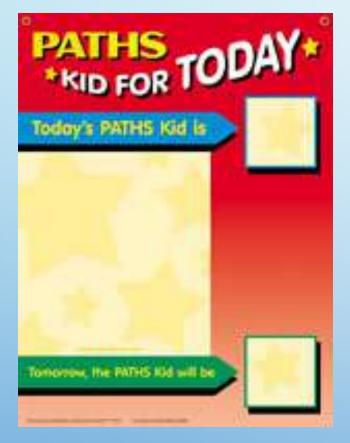
DEVELOPING POSITIVE RELATIONSHIPS

\*\*THESE CONCEPTS AND SKILLS WILL BE REINFORCED AND DEVELOPED AS CHILDREN MOVE
THROUGH THE GRADES\*\*

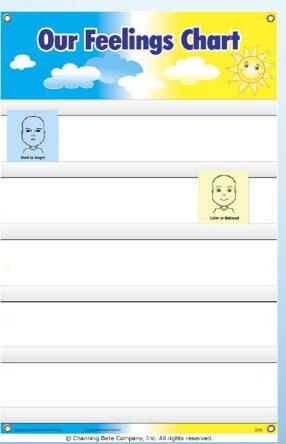


#### WHAT DO WE DO IN CLASS?





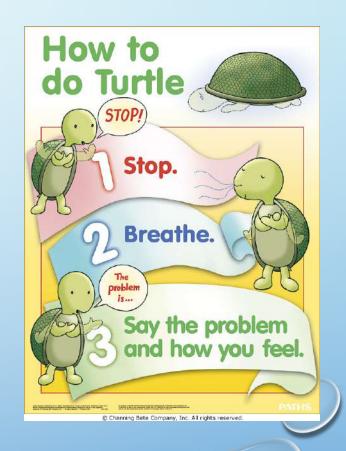
**Feelings** 



Role Plays



Self Management





## WHAT IS LUNCH BUNCH?

- SMALL GROUP, SKILL-BASED COUNSELING
  - MEETS ONCE EVERY 6 DAYS DURING LUNCH
  - REFERRALS MADE BY TEACHERS AND PARENTS
- GROUPS RUN 8 WEEKS, THEN WE ASSESS
   AND DISCUSS CHILD'S PROGRESS AND
   DETERMINE FURTHER ACTIONS

KINDERGARTEN LUNCH BUNCH TOPICS

SELF CONTROL

SOCIAL SKILLS

FAMILY CHANGES

o SELF ESTEEM

NEW STUDENT



#### **HOW CAN WE COMMUNICATE?**

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